



21st CENTURY WOMEN'S ENTREPRENEURSHIP & LEADERSHIP, POSITIVE PSYCHOLOGY, MENTAL HEALTH

CONFERENCE EDITION 2

OCTOBER 27-29, 2023

27th EVENING VENUE EXHIBITION
28th NETWORKING DINNER
29th LOCAL TOUR
31st ONLINE PROGRAM

Reial Cercle Artístic de Barcelona, Barcelona, Spain, (Reial Cercle Artístic)

Join the Global Women Leaders and Renowned Entrepreneurs

10/27/2023 | Day 1 | Friday

Opening Ceremony | Sounvenir Launch

| Opening Ceremony | by | / Mod | lerator |
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Hon. Dame Isabel Jiménez
Chairwoman, WEL Barcelona 2023, MVD Investor Group SA, Monaco

09:30-09:40

Felix Bentz 09:40-09:45

President, Reial Cercle Artistic de, Barcelona, Spain

Jessica Breitenfeld

2nd Place Speaker Factor London
Top female speaker, Western Europe 2022

09:45-10:00

Vice President, Barcelona Women's Network (BWN), Spain

Simonetta Roma Barrera

Neuro Linguistic Programming (NLP) Coach

Trainer, Neuro Leadership and Emotional Intelligence, Spain 10:00-10:20

Talk: Equality starts at home – mutual responsibility at home to increase

productivity at work

Jessica Breitenfeld

2nd Place Speaker Factor London

Top female speaker, Western Europe 2022 10:20-10:40

Vice President, Barcelona Women's Network (BWN), Spain

Talk: Good, bad and ugly of being you

Myriam Ben Farhat

Head, Learning and Development, Chess.com

Professional Coach (ICF), Spain 10:40-11:00

Talk: Breaking Barriers: How Coaching is Revolutionizing Women's Career

Advancement in Tech

BWN Networking (Barcelona Women's Network) @ 11:00-11:40

Key Chair: Jessica Breitenfeld

2nd Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

Alexandra Sin Vacaru

Business lawyer and legal coach

Conscious legal services Conscious consultancy for legal professionals, 11:40-12:00

lawfirms and companies, legal professionals, Spain

Talk: Rehumanising Legal Practice & How To Use Legal Issues To Grow

Michele Mahr

California State University, USA

Talk: The Implementation of Mindfulness and Positive Psychology in Mental

Health Treatment: The Power of Optimism

Carolina Troncone

Catalyst for Women's Wellbeing & Mental Health: Speaker and Trainer, Spain

Talk: My Endometriosis Story: A Generational Echoes Quest for Self-Love

12:20-12:40

12:00-12:20

Dr. Kalpana Sundar

Motivational speaker, Board certified Otolaryngology/Head & Neck Surgeon, USA

Talk: Unbound Leadership

12:40-13:00

13:00-13:40

WorkShop

Pamela McAfee

DEI & B Executive & Specialist

Strategic, Creative, Healthcare Leader

Team Builder, Key performance excellence achiever, USA

Talk: The Powerful Collective of Faith, Family and Sisterhood on Black &

Brown Women Entrepreneurial Leaders

Group Photo, Panel Discussions, Lunch and Networking @ 13:40-14:40

Rana Chemali

Nutritionist & Wellbeing Coach

Founder, Food Nomade, Spain 14:40-15:00

Talk: Nourishing Resilience: The Impact of Nutrition and Mindful Eating on

Mental Wellbeing.

Ngozi Oyewole

Founder, Noxie Limited, Board Chair, Strategic Women & Youth Institute

President, Common Wealth Business Women Africa (CBW-Africa)

Talk: The Prevalence of Gender Based Violence around the Youths

15:00-15:20

15:20-16:20

Panel Discussion

Servant Leadership: A Heart for Service and a Head for Results

Chair:

Jeffrey P. Miller

Creighton University Interdisciplinary Leadership Program Greenleaf Center Servant Leadership Academy, USA

Panelists:

Jill L. Harmon

Creighton University, USA

Fremont First United Methodist Church, USA

Holly Espenhover

Chief People Officer, USA

Regional Director, Human Resources (Health System), USA

Evita Salles

Servant Leadership Ambassador, USA (Virtual)

Panel Discussions, Networking Break @ 16:20-16:40

| Jessika Klingspor Founder & CEO, Nordics in Barcelona, Spain Talk: Global Impact: The Conscious Entrepreneurship Revolution | 16:40-17:00 |
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| Paula Echeverri NEUROMOMCEO, Spain Talk: My 3 secrets to overocome challenges using neuroscience | 17:00-17:20 |
| Sasha Garcia Gavrylyuk The CEO News, Spain Talk: Knowledge Entrepreneurship: How to be the CEO of exponential growth | 17:20-17:40 |
| Mpho Kabelo Area Director, Supervising 4 clubs Mosadi tota top 100 MOST influencial, Botswana Talk: Free from the chains that were binding me | 17:40-18:00 |
| Monika Varela Mindfulness & Emotional Education Trainer, Spain Talk: Why having a Self-Care Mindset is important | 18:00-18:20 |
| Ramona Varga Psychologist, Anonymous online consultation, therapy, Dubai Talk: Endocrinology of psychosomatic diseases | 18:20-18:40 |
| Dr. Loha Hashimy UAB, ENIDE & The Hub, Spain Talk: Web3 and the importance of women in the tech sector | 18:40-19:00 |
| Frank Soonius Author, Happiness coach (Trapped in a dream)/The book Purmerend, Netherlands Talk: I ask you will your last words be: If I only had? | 19:00-19:20 |
| Renato Mosca Founder, Senior Partner, Training Luxury, UK Talk: The Strength Within: Unveiling the Essence of Leadership through Self-Discovery | 19:20-19:40 |

Closing Ceremony and Venue Arts Exhibition

The Royal Artistic Circle of Barcelona

(in Catalan Reial Cercle Artístic de Barcelona) is an institution dedicated to the promotion of art located in Barcelona. It was founded in 1881 by Eliseo Meifren, Modest Urgell, Joaquim Mir, Ramon Casas, Isidre Nonell and Hermenegildo Anglada Camarasa, and recognized with the title of Royal Artistic Circle by King Alfonso XIII in 1916. It was installed first in the Canonja building, to later move to Gran Via, La Rambla, Plaza Cataluña and, finally, to the Pignatelli Palace, in Arcs Street.

10/28/2023 | Day 2 | Saturday Networking Breaks

| Special Session: NEUROFIT Paula Echeverri NEUROMOMCEO, Spain | 09:00-09:30 |
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| Virginia Mijes Martin President, Blockchain Association, Catalonia Women Leaders in Technology, Spain Talk: Women's Entrepreneurs are reshaping the tech industry | 09:30-09:50 |
| Amb. Terry Earthwind Nichols Co-Founder, Evolutionary Healer, LLC Creator, Repetitive Behavior Cellular Regression® (RBCR), The CR Process® GMRBCRP United Refugee Green Council (URGC), USA Talk: Cellular Memory and Its Use in Science Today | 09:50-10:10 |
| Session Talks | |
| Christine Tobler Founder, SynergiLEAD. Executive Coach and Facilitator. Emotional Intelligence Certified Coach. Principle Consultant Talk: Leading with Emotional Intelligence: harness the power within | 10:10-10:30 |
| Panel Discussions, Networking Break @ 10:30-10: | 40 |
| Angela Jide Jones Sewa Capital Limited, Nigeria Talk: The Rise Of Women In Unconventional Arenas And Their Impact On Society | 10:40-11:00 |
| Marina K. Villatoro Serial Entrepreneur, Educator and Podcast Host, Spain Talk: Burnout to Passion -How to Reignite the Passion and Grow Bigger | 11:00-11:20 |
| Olebile Daphney Muzila | |
| Bookbinder Business Law (BBL), Botswana Talk: Creating Your Own Table - Olebile Muzila | 11:20-11:40 |
| Bookbinder Business Law (BBL), Botswana | 11:20-11:40 11:40-12:00 |

Talk: Is Your Organization Aligned

| Natalia Proops Ayurvedic Lifestyle Consultant (Chopra Global), Medal for Peace, Rotary International, France Talk: Flavours of vitality: Personalising self-care through Ayurveda, a journey of well-being and client service. | 12:20-12:40 | | |
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| Elena Zangeeva Co-Founder, Kvistly, Spain Talk: Building Resilient Entrepreneurship: Strategies for Balancing Business Success and Mental Health | 12:40-13:00 | | |
| Lunch and Networking @ 13:00-14:00 | | | |
| Katharina Zipelius Danish Egyptian Dialogue Initiative (DEDI), Luxembourg Talk: Yes, We Can – There Is Hope For The Fashion Industry | 14:00-14:20 | | |
| Magdalena Tatarczewska Phoenix Coaching, Spain Talk: My Path to Conscious Leadership | 14:20-14:40 | | |
| Silvia Ayuso Global Transformational Leadership Expert, Author, Speaker, Success Coach for Women, Spain Talk: Unstoppable Leadership: Transforming the World and Inspiring Change | 14:40-15:00 | | |
| Nur Garriga Founder & Director, NLP Global Master Trainer & Facilitator, Wellness Coach. Yoga Teacher, Spain Talk: To be or not to be a Self-Starter & Entrepreneur | 15:00-15:20 | | |
| Neema Balolebwami Nelly Founder & Software engineer, Emeaventure, Barcelona, Spain Talk: Empowering Women Entrepreneurs: Leveraging Technology for Enhanced Leadership, Well-being, and Innovation | 15:20-15:40 | | |
| Pastor Carol A. Walker I AM Purpose, LLC., USA Talk: Walking in Your Destiny | 15:40-16:00 | | |
| Networking Break @ 16:00-16:20 | | | |
| Miriam Barajas Top100 Mujeres Líderes Finalista, Ejen & CON Speaker, Spain Talk: Developing Key Technical Skills for Success in Technology Entrepreneurship | 16:20-16:40 | | |
| Patu Antunes Director, New Business, Strategy and Special Projects, Spain Talk: Increasing visibility of women in public: From Wikipedia to Womenpedia | 16:40-17:00 | | |
| Milkia Waller CEO, Milki Way Cosmetics & Skincare, USA Talk: Coloring the world beautiful in business | 17:00-17:20 | | |

Cristina Rojas Rodríguez

Mascristinarojas, Spain 17:20-17:40

Talk: 5 ways to become a sales superstar on LinkedIn

Special Talk:

Naya Priya 17:40-18:00

Sivananda affiliated yoga center, Barcelona

Workshop by Sivananda affiliated yoga center, Barcelona @ 18:00-18:45

"Come join us for a rejuvenating yoga session and leave feeling refreshed and energized!

As a way to unwind and de-stress after two long days of learning and networking, we're excited to invite you to join us for a yoga session at the end of the conference.

Led by Naya Priya, a certified Sivananda yoga teacher, this soft yoga session is designed to help you relax, stretch your muscles, and clear your mind. It's the perfect way to end the day and recharge. Please bring leggings or yoga pants and a fitted top, tank top or T-shirt, and a light jacket or sweater.

A changing room will be available for your convenience.

We hope to see you there! We promise you won't regret it."

Networking Dinner @ 19:30 onwards

We're excited to invite you to an evening networking dinner at the exclusive restaurant on October 28, 2023 at 19:30 onwards.

Location: ROYAL Nautical Club of Barcelona (RCNB), Barcelona

10/31/2023 | Tuesday | Virtual Program

Time zone: Eastern standard time (EST)

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Just Auto Solutions Pvt. Ltd.

Head Legal, PR and Communications

09:00-09:20

India

Linda Janineh

Remote Work Advocate, Tech Sales Professional, Architect, Entrepreneur,

09:20-09:40

Positive Mind and GOAL digger, Spain

Talk: Towards Your Goals

Betty Encinales

Global Executive Talent Acquisition Partner, 09:40-10:00

Headhunter, Women Leadership, Made by dyslexia, Change Maker, Fintech, Spain

Andrzej Smiech

Smiechandpartners, Poland 10:00-10:20

Talk: Empathic Leader as a Remedy for Professional Burnout

Ben Eden

MSHR, SHRM-SCP Leadership and Business Mindset Coach, USA 10:20-10:40

Talk: Strategic Wellbeing as an Entrepreneur

| Anastasia Miadzvedziava Belarus Talk: Empowering Business in the Digital Era: building a Strategy and unlocking the genuine Value of Technology | 10:40-11:00 |
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| L K Miller LHP Executive Director, Founder, Theology of the Soul Psychology Institute, USA Talk: Putting the Soul Back in Psychology: True Etiology of Psychological Disorders and Lasting Healing | 11:00-11:20 |
| Anire Celey-Okogun Founder Chanelle Solicitors, USA Talk: Empathy a Tool for Femalae Leadership | 11:20-11:40 |
| Ian Siderits North Carolina State University, USA Talk: Nature Contact: A Resource to Combat the Growth of Burnout | 11:40-12:00 |
| Mike Vacanti Founder, Humans First. Culture & Tech Transformation Specialist CEO, Advisor. High Achieving Leadership Strategies, USA | 12:00-12:20 |
| Barack El Femigod Inc., USA Talk: Finding Purpose Through Connection and Contribution | 12:20-12:40 |
| Dr. Shamonia Wimberly CEO, Founder, Shakyra Renee Jewelry Collection and Success , USA Talk: Destiny Fulfillment | 12:40-13:00 |
| Ann Bayly-Bruneel RP SEP, RCAT, OATR Canada Heart-Sight Psychotherapy Services, Canada Talk: The Practice Of Being A Global Citizen | 13:00-13:20 |
| Audra Kai Woodley Board-Certified Quantum Health Coach, Washington, USA Talk: Quantum Biofeedback Technology: An Innovative Approach To Health & | 13:20-13:40 |

Award Ceremony

CPD Credits will be Accredited to all attendees

Wellness