

**WEL2023** PROGRAM  
(EDITION 2)



# 21<sup>st</sup> CENTURY WOMEN'S ENTREPRENEURSHIP & LEADERSHIP, POSITIVE PSYCHOLOGY, MENTAL HEALTH

CONFERENCE EDITION 2

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**OCTOBER 27-29, 2023**

**27<sup>th</sup> EVENING VENUE TOUR**

**28<sup>th</sup> NETWORKING DINNER**

**29<sup>th</sup> LOCAL TOUR**

**31<sup>st</sup> ONLINE PROGRAM**

Reial Cercle Artístic de Barcelona,  
Barcelona, Spain, (Reial Cercle Artístic)

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Join the Global Women Leaders and  
Renowned Entrepreneurs

Contact @ 1-647-952-4467  
<https://exceleve.com/women-entrepreneurship-leadership>

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**10/27/2023 | Day 1 | Friday**

# **Opening Ceremony | Magazine Launch**

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## **Opening Ceremony by Moderator**

### **Jessica Breitenfeld**

2<sup>nd</sup> Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

09:30-09:40

### **Felix Bentz**

President, Reial Cercle Artistic de, Barcelona, Spain

09:40-09:50

### **Session Chair:**

#### **Hon. Dame Isabel Jiménez,**

Chairwoman, WEL Barcelona 2023, MVD Investor Group SA, Monaco

09:50-10:00

### **Simonetta Roma Barrera**

Neuro Linguistic Programming (NLP) Coach

Trainer, Neuro Leadership and Emotional Intelligence, Spain

**Talk: Equality starts at home – mutual responsibility at home to increase productivity at work**

10:00- 10:20

### **Jessica Breitenfeld**

2<sup>nd</sup> Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

10:20-10:40

### **Myriam Ben Farhat**

Head, Learning and Development, Chess.com

Professional Coach (ICF), Spain

**Talk: Breaking Barriers: How Coaching is Revolutionizing Women's Career Advancement in Tech**

10:40-11:00

## **BWN Networking (Barcelona Women's Network) @ 11:00-11:40**

### **Key Chair: Jessica Breitenfeld**

2<sup>nd</sup> Place Speaker Factor London

Top female speaker, Western Europe 2022

Vice President, Barcelona Women's Network (BWN), Spain

### **Alexandra Sin Vacaru**

Business lawyer and legal coach

Conscious legal services Conscious consultancy for legal professionals, lawfirms and companies, legal professionals, Spain

**Talk: Rehumanising Legal Practice & How To Use Legal Issues To Grow**

11:40-12:00

### **Michele Mahr**

California State University, USA

**Talk: The Implementation of Mindfulness and Positive Psychology in Mental Health Treatment: The Power of Optimism**

12:00-12:20

### **Carolina Troncón**

Catalyst for Women's Wellbeing & Mental Health: Speaker and Trainer, Spain

**Talk: My Endometriosis Story: A Generational Echoes Quest for Self-Love**

12:20-12:40

### **Dr. Kalpana Sundar**

Motivational speaker, Board certified Otolaryngology/Head & Neck Surgeon, USA

**Talk: Feminine Leadership**

12:40-13:00

## **WorkShop**

### **Pamela McAfee**

DEI & B Executive & Specialist

Strategic, Creative, Healthcare Leader

Team Builder, Key performance excellence achiever, USA

**Talk: The Powerful Collective of Faith, Family and Sisterhood on Black & Brown Women Entrepreneurial Leaders**

13:00-13:40

## **Panel Discussions, Lunch and Networking @ 13:40-14:40**

### **Rana Chemali**

Mind Body eating Coach,

Founder, Food Nomade, Spain

**Talk: Nourishing Resilience: The Impact of Nutrition and Mindful Eating on Mental Wellbeing.**

14:40-15:00

### **Silvia Ayuso**

Global Transformational Leadership Expert, Author, Speaker, Success Coach for Women, Spain

**Talk: Unstoppable Leadership: Transforming the World and Inspiring Change**

15:00-15:20

## **Panel Discussion**

### **Servant Leadership: A Heart for Service and a Head for Results**

#### **Chair:**

#### **Jeffrey P. Miller**

Creighton University Interdisciplinary Leadership Program Greenleaf Center  
Servant Leadership Academy, USA

#### **Panelists:**

#### **Jill L. Harmon**

Creighton University, USA

Fremont First United Methodist Church, USA

15:20-16:20

#### **Holly Espenhover**

Chief People Officer, USA

Regional Director, Human Resources (Health System), USA

#### **Evita Salles**

Servant Leadership Ambassador, USA (Virtual)

## Panel Discussions, Networking Break @ 16:20-16:40

### Jessika Klingspor

Founder & CEO Nordics in Barcelona, Spain

**Talk: Global Impact: The Conscious Entrepreneurship Revolution**

16:40-17:00

### Paula Echeverri

NEUROMOMCEO, Spain

**Talk: My 3 secrets to overcome challenges using neuroscience**

17:00-17:20

### Sasha Garcia Gavrylyuk

The CEO News, Spain

**Talk: Knowledge Entrepreneurship: How to be the CEO of exponential growth**

17:20-17:40

### Mpho Kabelo

Area Director, Supervising 4 clubs Mosadi tota top 100 MOST influential, Botswana

**Talk: Free from the chains that were binding me**

17:40-18:00

### Monika Varela

Mindfulness & Emotional Education Trainer, Spain

**Talk: Why having a Self-Care Mindset is important**

18:00-18:20

### Ramona Varga

Psychologist, Anonymous online consultation, therapy, Dubai

**Talk: Endocrinology of psychosomatic diseases**

18:20-18:40

### Dr. Loha Hashimy

UAB, ENIDE & The Hub, Spain

**Talk: Web3 and the importance of women in the tech sector**

18:40-19:00

### Frank Soonius

Author, Happiness coach (Trapped in a dream)/The book Purmerend, Netherlands

**Talk: I ask you will your last words be: If I only had?**

19:00-19:20

### Renato Mosca

Founder, Senior Partner, Training Luxury, UK

**Talk: The Strength Within: Unveiling the Essence of Leadership through Self-Discovery**

19:20-19:40

## Closing Ceremony and Venue Arts Exhibition

The Royal Artistic Circle of Barcelona

(in Catalan Reial Cercle Artístic de Barcelona) is an institution dedicated to the promotion of art located in Barcelona. It was founded in 1881 by Eliseo Meifren, Modest Urgell, Joaquim Mir, Ramon Casas, Isidre Nonell and Hermenegildo Anglada Camarasa, and recognized with the title of Royal Artistic Circle by King Alfonso XIII in 1916.. It was installed first in the Canonja building, to later move to Gran Via, La Rambla, Plaza Cataluña and, finally, to the Pignatelli Palace, in Arcs Street.

# 10/28/2023 | Day 2 | Saturday

## Tabletop Exhibitions Full Day | Networking Breaks

**Paula Echeverri**

NEUROMOMCEO, Spain

09:00-09:30

**Virginia Mijes Martin**

President, Blockchain Association, Catalonia

Women Leaders in Technology, Spain

09:30-09:50

**Talk: Women's Entrepreneurs are reshaping the tech industry**

**Amb. Terry Earthwind Nichols**

Co-Founder, Evolutionary Healer, LLC

Creator, Repetitive Behavior Cellular Regression® (RBCR),

The CR Process® GMRBCRP United Refugee Green Council (URGC), USA

09:50-10:10

**Talk: Cellular Memory and Its Use in Science Today**

### Session Talks

**Miriam Barajas**

Top100 Mujeres Líderes Finalista, Ejen & CON Speaker, Spain

**Talk: Developing Key Technical Skills for Success in Technology**

**Entrepreneurship**

10:10-10:30

### Panel Discussions, Networking Break @ 10:30-10:50

**Angela Jide Jones**

Sewa Capital Limited, Nigeria

**Talk: The Rise Of Women In Unconventional Arenas And Their Impact On Society**

10:50-11:10

**Marina K. Villatoro**

Host, Raising Rock Climbers UNCENSORED Podcast, The Trader Chick, Spain

**Talk: Burnout to Passion - How to Reignite the Passion and Grow Bigger**

11:10-11:30

**Olebile Daphney Muzila**

Bookbinder Business Law (BBL), Botswana

11:30-11:50

**Maria Yanci**

Positive Intelligence Coach & Immunity to Change, Spain

**Talk: Positive Intelligence Coach and Immunity to Change Facilitator**

11:50-12:10

**Paul B. Thornton**

Springfield Technical Community College, USA

**Talk: Is Your Organization Aligned**

12:10-12:30

**Natalia Proops**

Ayurvedic Lifestyle Consultant (Chopra Global), Medal for Peace, Rotary

**International, France.**

12:30-12:50

### Lunch and Networking @ 12:50-14:00

<b>Katharina Zipelius Danish</b> Egyptian Dialogue Initiative (DEDI), Luxembourg	14:00-14:20
<b>Magdalena Tatarczewska</b> Phoenix Coaching, Spain <b>Talk: Get ready to expand your awareness and unleash your potential</b>	14:20-14:40
<b>Ngozi Oyewole</b> Founder, Noxie Limited, Board Chair, Strategic Women & Youth Institute President, Common Wealth Business Women Africa (CBW- Africa) <b>Talk: The Prevalence of Gender Based Violence around the Youths</b>	14:40-15:00
<b>Nur Garriga</b> Founder & Director, NLP Global Master Trainer & Facilitator, Wellness Coach. Yoga Teacher, Spain <b>Talk: To be or not to be a Self-Starter &amp; Entrepreneur</b>	15:00-15:20
<b>Gladys Kali</b> NeuroAgency, Spain <b>Talk: Hacking Your Brain for Improved Habits and Anxiety Management</b>	15:20-15:40
<b>Pastor Carol A. Walker</b> I AM Purpose, LLC., USA <b>Talk: Walking in Your Destiny</b>	15:40-16:00

## **Panel Discussions, Networking Break @ 16:00-16:20**

<b>Neema Balolebwami Nelly</b> Founder & Software engineer, Emeaventure, Barcelona, Spain <b>Talk: Empowering Women Entrepreneurs: Leveraging Technology for Enhanced Leadership, Well-being, and Innovation</b>	16:20-16:40
<b>Patu Antunes</b> Director, New Business, Strategy and Special Projects, Spain <b>Talk: Increasing visibility of women in public: From Wikipedia to Womenpedia</b>	16:40-17:00
<b>Milkia Waller</b> CEO, Milki Way Cosmetics & Skincare, USA <b>Talk: Coloring the world beautiful in business</b>	17:00-17:20
<b>Cristina Rojas Rodríguez</b> Mascristinarojas, Spain <b>Talk: 5 ways to become a sales superstar on LinkedIn</b>	17:20-17:40
<b>Special Talk:</b> <b>Naya Priya</b> Sivananda affiliated yoga center, Barcelona	17:40-18:00

## Workshop by Sivananda affiliated yoga center, Barcelona @ 18:00-18:45

"Come join us for a rejuvenating yoga session and leave feeling refreshed and energized! As a way to unwind and de-stress after two long days of learning and networking, we're excited to invite you to join us for a yoga session at the end of the conference.

Led by Naya Priya, a certified Sivananda yoga teacher, this soft yoga session is designed to help you relax, stretch your muscles, and clear your mind. It's the perfect way to end the day and recharge. Please bring leggings or yoga pants and a fitted top, tank top or T-shirt, and a light jacket or sweater.

A changing room will be available for your convenience.  
We hope to see you there! We promise you won't regret it."

## Networking Dinner @ 19:30 onwards

We're excited to invite you to an evening networking dinner at the exclusive restaurant on October 28, 2023 at 19:30 onwards.

This event is an opportunity for our delegates to connect and share ideas over a delicious meal and stunning waterfront views. Whether you're looking to expand your network, learn from others in your field, or simply enjoy a night out with like-minded individuals, this event is sure to be a great time. Please RSVP to support@luminariesedu.com by October 15, 2023 to confirm your attendance. We cannot guarantee availability after that date. We hope to see you there!

**Location : ROYAL Nautical Club of Barcelona (RCNB), Barcelona**

# 10/31/2023 | Virtual Program

Time zone: Eastern standard time (EST)

### Mike Vacanti

Founder, Humans First. Culture & Tech Transformation Specialist  
CEO, Advisor. High Achieving Leadership Strategies, USA

09:00-09:20

### Barack El

Femigod Inc., USA

09:20-09:40

**Talk: Finding Purpose Through Connection and Contribution**

### Ann Bayly-Bruneel RP

SEP, RCAT, OATR Canada Heart-Sight Psychotherapy Services, Canada

09:40-10:00

### Audra Kai Woodley

Board-Certified Quantum Health Coach, Washington, USA

**Talk: Quantum Biofeedback Technology: An Innovative Approach To Health & Wellness**

10:00-10:20

### Ben Eden

MSHR, SHRM-SCP Leadership and Business Mindset Coach, USA

10:20-10:40

**Talk: Strategic Wellbeing as an Entrepreneur**

### Anastasia Miadzvedziava

Belarus

**Talk: Empowering Business in the Digital Era: building a Strategy and unlocking the genuine Value of Technology**

10:40-11:00

**L K Miller**

LHP Executive Director, Founder, Theology of the Soul Psychology Institute, USA

**Talk: Putting the Soul Back in Psychology: True Etiology of Psychological Disorders and Lasting Healing**

11:00-11:20

**Anire Celey-Okogun**

Founder Chanelle Solicitors, USA

**Talk: Empathy a Tool for Femalae Leadership**

11:20-11:40

**Ian Siderits**

North Carolina State University, USA

**Talk: Nature Contact: A Resource to Combat the Growth of Burnout**

11:40-12:00

**Dr. Megha Ojha**

NMIMS, India

12:00-12:20

**Linda Janineh**

Remote Work Advocate, Tech Sales Professional, Architect, Entrepreneur, Positive Mind and GOAL digger, Spain

**Talk: Towards Your Goals**

12:20-12:40

**Dr. Shamonica Wimberly**

CEO, Founder, Shakyra Renee Jewelry Collection and Success , USA

12:40-13:00

**Betty Encinales**

Global Executive Talent Acquisition Partner, Headhunter, Women Leadership, Made by dyslexia, Change Maker, Fintech, Spain

13:00-13:20

**Andrzej Smiech**

Smiechandpartners, Poland

**Talk: Empathic Leader as a Remedy for Professional Burnout**

13:20-13:40

## Award Ceremony

**CPD Credits will be Accredited to all attendees**