



WEL AMERICA 2024

3rd MILLENNIUM WOMEN'S ENTREPRENEURSHIP, LEADERSHIP, MANAGEMENT POSITIVE PSYCHOLOGY, MENTAL HEALTH CONFERENCE (EDITION 4)

MAY 03-04, 2024 | Holiday Inn Mississauga Toronto West,
Mississauga, ON, Canada



Learn how to:

1. Identify things that have previously stopped you from using all your gifts.
2. Understand the steps to unleashing your gifts powerfully.
3. Understand the importance of teamwork and supporting others.

We all have superpowers that have gone undiscovered, limiting our potential to achieve, solve problems, and become all we are meant to be. Too often, we feel like we have nothing special to give. There is nothing further from the truth. We will work together to explore ways to uncover and release your superpowers so that you can become the heroine of your own story. In this fun interactive presentation, discover your superpowers, confront what stops you from using them, and brainstorm together how to put together a team that will enable continued support and development of your superpower squad.

Biography

Dr. Debra speaks from her heart to help others shatter the lies that have kept them from achieving their dreams. Having overcome learning problems, abuse, cancer, and trauma, she uses the principles from her studies in transformational Leadership and learning to aid others in uncovering their unique superpowers to live victorious. Her degrees in communication, Sociology, and Education and a doctorate in Transformational Leadership give her a base to assist others in unleashing their superpowers and becoming the heroines of their own stories. She proud to be a speaker and workshop leader for Blissful Living, Disrupt Aging Classroom, AARP workshops, Changing the Narrative, Optimal, Show Me, and ASA aging Summits.

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"BECOME" UNLEASH YOUR SUPERPOWERS TO BECOME THE HEROINE OF YOUR OWN STORY

Dr. Debra Mrock

Transformational Speaker and Leader Empowering women to embrace their full potential.

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