



THE 2025 NEXT GEN WOMEN'S LEADERSHIP, ENTREPRENEURSHIP, POSITIVE PSYCHOLOGY, SPIRITUAL LEADERSHIP CONFERENCE

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As a family coach, I came across many cases in which a parent reported that their child threw tantrums out of nowhere. They could last for a few hours. In the worst cases, items were also destroyed and doors kicked in. Parents were desperate and had difficulty doing their paid jobs next to parenting. By getting to know their child and seeing what the child needed brought about a change in communication in a certain way that met the needs of the child and of the parent. Which changed the situation drastically in a positive way.

As a family coach, I kind of see the child as a spirit that comes into this life for a certain purpose. With the help of horoscopes, I can see what the strengths and challenges of the child are. A child chooses its parents for a specific reason. This is to experience a certain situation where he can build upon in his adult life.

As a family coach, I specialize in High-Sensitive Children with a Strong Will. A lot of literature has been written about this, where clarity and structure are important for HSP children and giving them responsibility to maintain their autonomy.

What I discovered myself is that a safe environment is very important for the growing child. For most HSP children, this means proactive behavior on the part of the parent. Preparing the child for what is to come. If the child has doubts or fears, it is safe for the child to think along and come up with creative solutions in communication with the parent to reduce/eliminate fears. By questioning the child and allowing him to choose from preferably 2 options, the child is empowered.

All the aggression of the children in the example above is transformed into willpower to trust themselves and their parents.

To give an example how to use a horoscope a Taurus child is sensitive for structure and often likes to know the names of all colors of her pencils or if it is a boy all colors of his cars, because a Taurus child is strong with his senses.

MODERN PARENTING: THE KEY TO CONSCIOUS COMMUNICATION WITH YOUR CHILD

Drs. Ingrid Bax

Family Parenting Expert, The Netherlands

But because every time of birth has more than 10 planets in signs every Taurus child is unique.

Biography

Drs. Ingrid Bax is a Dutch parenting and relationship expert. She is a writer and speaker about all kinds of parenting problems. She is strong in bringing structure to chaotic parenting situations. Lateral thinker! Creative with solutions and with public speaking about modern parenting. Meeting the need for parents who experience enormous parenting stress with practical solutions.

She has been guiding expat parents with parenting problems, has been a family coach in youth care and produced (international) video summits with interviews from fellow parenting experts. This ultimately led to her parenting book: 'Kinderen Hoe doe je dat?' (Children How do you do that?).