

Healing Political, Religious and Social Indoctrinations



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Abstract:

Healing Political, Religious and Social Indoctrinations is an AI presentation shining a light on hidden information throughout history, religions, and social structures, giving examples of each in enlightening examples affecting you as you make decisions in your life. Most people today have no idea how indoctrinated they are and how this affects their public and personal lives.

Opinions are not facts, yet railroaded opinions bind you until you give yourself permission to think freely. "No mind has the ability to think freely until it is unbound from the restraints of cults, cults that come in many disguises."

The quote above is also on the back cover of my 2024 International Impact Book Awards award-winning book, *IN THEIR IMAGE*

AND LIKENESS, subtitled, *UNIVERSAL WISDOM*. This is the first in my three-book, award-winning series which includes *MY RED BAG OF COURAGE*, subtitled *SURVIVAL WISDOM*; and *NATURE SPIRIT WISDOM*, subtitled, *LIGHT WITHIN THE ANGEL, PLANT, MINERAL, AND ANIMAL KINGDOMS*.

I am currently a finalist for 2025 International Impact Author Of The Year for my latest book, *TRANSITIONING INTO THE AGE OF AQUARIUS*, subtitled, *AN ENLIGHTENING JOURNEY*, and have been invited to walk across the red carpet in Hollywood, CA.

Healing Political, Religious and Social Indoctrinations is a blueprint to follow showing the way forward without restricting ties that seek to inflict fear, obligation and guilt (FOG), sometimes through manipulation, to usurp your personal power

(your oblation), your fame (your reputation), and your fortune (keys to your cash).

Personal opinions based on the indoctrinations of others on any subject limits your ability to think freely. Threats have also been used to make you conform to the will of others or be kicked out of the group, club, or church. This talk cuts the ties to dysfunction and allows you to reassess what you believe.

HEALING POLITICAL, RELIGIOUS AND SOCIAL INDOCTRINATIONS, written by me, Linda Hourihan, HHCP, and delivered by AI, produced by Book Publisher USA.com.¹ The HHCP after my name stands for holistic health counselor practitioner.

No mind has the ability to think freely until it is unbound from the restraints of cults, cults that come in many disguises.²

Please listen to this talk, even if it goes against what you've learned so far in life.

I invite you to listen to this without an answer running in your head, without automatically thinking, "That's not what I was told," or "That's not what I teach," or "That's not what I believe."

When I was researching my Canadian French genealogy, I discovered that I had several of the Daughters of the King of France in my lineage.

Some of the women chose to marry Native Americans, settled along the St. Lawrence

River, and later became known as the Metis, traveling along the Oregon Trail or south to New England and the eastern coast of the United States of America, or to New Orleans with their fleur-de-lis French trademark.

SONGS UPON THE RIVERS³ is a book about those who first blazed the famous path now known as the Oregon Trail.

It tells of the buried history of the French speaking Canadians and the Metis from the Great Lakes and the Mississippi across to the Pacific.

In elementary school we all learned about Merriweather Lewis, of the Lewis and Clark expedition exploring the trail westward to California. What was withheld was that he found it abhorrent that a white French woman would marry a Native American.

He did not write about the Metis making their way along the Oregon Trail before he did. As a result, not many people know the accurate history of the Metis forging the Oregon Trail before Lewis stamped his name on it.

History was handled so only one side of the story got told for reasons of personal power, fame, and fortune.

We need to be careful when searching for hidden histories in religion, politics, and social groups. There may be a tendency to come up with conspiracy theories or spin half-truths as if that is all there is.

¹ [Book Publisher USA | Best Writing Services Company in USA](#)

² In Their Image And Likeness, subtitled, Universal Wisdom, page 28

³ [Songs Upon the Rivers: The Buried History of the French-Speaking Canadiens and Métis from the](#)

[Great Lakes and the Mississippi across to the Pacific: Foxcurran, Robert, Bouchard, Michel, Malette, Sébastien: 9781771860819: Amazon.com: Books](#)

Truth matters.

Later I made the decision to investigate my spiritual genealogy and the truth about Jesus the Christ wherever I could find it. Why? Because I could not explain the missing links in his lifeline.

My eternal question was, why was I only allowed to get a brief sanitized version of his life from birth to age 12, and then only 3 years from his ages 30 to 33?

Wouldn't you want to know more than 3 years of the life of Jesus, even if you are not a Christian?

I'll get back to this later.

In the popular romantic crime-solving television show, Castle, notice how characters, Nathan Fillion as Richard Castle and Stana Katic as Kate Beckett, first find their culprit, the possible criminal.

But upon further investigation, they discover that they have accused the wrong person. They do not keep prosecuting the first person who they thought committed the crime.

Why? Because the wrong person would be tried, convicted, and punished.

It is vital to stay current with the truth of updated information, including your opinions of where the truth is, no matter how inconvenient that may be.

This talk will address 4 points. Remember to always have Courage, ask Questions, have Conviction, and continue your Quest.

Have courage to look deeper into your belief systems on any subject.

Notice that you are intimately, eternally, and universally connected to the very active life force, your "chi" that animates your very next breath. It is not outside of you, but WITHIN YOU.

There is more to your place on this planet than you may first realize. You are more than your job, your role in your family and with your friends. There is also more to discover than what has most likely been revealed to you. Allow yourself to know that there is more to know.

You actively seek to share your lives in your families, with your friends, in your workplaces, and out into the world while simultaneously retaining your personal power, your fame which is your reputation, and your fortune, the keys to your cash.

Have you ever observed how many people, organizations, employers, and opinion hubs such as politics, religions and certain social groups, seek to usurp your personal power, your fame, and your fortune?

How do you continue growing as a person at the same time so many establishments seek to lay claim to your personal power, your fame, and your fortune for their own?

The life force energy animating you is the Light of your Spirit. It brings life to your Soul through your thoughts and emotions. This is the Limitless Living Light of your personal Spark of Eternal Universal Life Force Energy. Without it, you would not be alive, no matter what your belief system is.

This is what Luke 17:20-21⁴ talks about when Jesus says this Light is WITHIN YOU.

All cults I have studied say they are not a cult. Let's look closer.

Having courage is the key. Here is a quote from my book now in its second printing, IN THEIR IMAGE AND LIKENESS, subtitled UNIVERSAL WISDOM.⁵ The publisher put this quote on the back cover: "Now is the time for courage. Courage does not mean having no fear. Rather, courage is feeling fear, but peacefully doing the right thing, the moral thing, with integrity, despite the presence of fear." And yes, fear has many disguises.

Technically, fear is not a "thing." Fear is what resides in the void, in the lack, in the worry, the ignorant forecast of gloom and doom, considering only the worst that can happen.

Fear is the prime motivating force some groups use to bend the free will of others to either conform, be punished, or be kicked out of the group.

I have witnessed several groups each telling me that they are not a cult while adhering to well-known Cult Markers.

Here are Fourteen Cult Markers⁶ to watch out for:

1. The group displays excessively zealous and unquestioning commitment to its leader, and, whether he is alive or dead, regards his

belief system, ideology, and practices as the Truth, as Law.

2. Questioning, doubt, and dissent are discouraged or punished.

3. Mind-altering practices, such as meditation, chanting, speaking in tongues, denunciation sessions, or debilitating work routines, are used in excess and suppress doubts about the group and its leader or leaders.

4. The leadership dictates, sometimes in great detail, how members should think, act, and feel. For example, members must get permission to date, change jobs, or marry or leaders prescribe what to wear, where to live, whether to have children, how to discipline children, and so forth.

5. The group is elitist, claiming a special, exalted status for itself, its leader, and its members. For example, the leader is considered the Messiah, a special being, an avatar, or the group and or the leader is on a special mission to save humanity.

6. The group has a polarized, us-versus-them mentality.

7. The leader is not accountable to any authorities, unlike, for example, teachers, military commanders, or ministers, priests, monks, and rabbis of mainstream religious denominations.

8. The group teaches or implies that its supposedly exalted ends justify whatever means it deems necessary. This may result in

⁴ [What does "the kingdom of God is within you" mean?](#)

⁵ [Books – Universal Wisdom Enlightenment Mastery](#)

⁶ [MIND GAMES: Characteristics Associated With Cults – By Janja Lalich & Michael Langone | RIELPOLITIK](#)

members participating in behaviors or activities they would have considered reprehensible or unethical before joining the group. For example, lying to family or friends, or collecting money for bogus charities.

9. The leadership induces feelings of shame and or guilt to influence and control members.

10. Subservience to the leader or group requires members to cut ties with family and friends, and radically alter the personal goals and activities they had before joining the group.

11. The group is preoccupied with bringing in new members.

12. The group is preoccupied with making money.

13. Members are expected to devote inordinate amounts of time to the group and group related activities.

14. Members are encouraged or required to live and or socialize only with other group members.

Every person on the planet is born with free will since birth. Not one leader of any kind is in charge of your freedom in mind and body, and especially your Spirit.

You are in charge of you.

Your Spirit is a Spark of Eternal Universal Life Force Energy. This is your I Am Presence animating your physical body.

Marquette University.edu taught the Gospel of Thomas, and in the 4th verse, Jesus said, "The man old in days will not hesitate to ask

a small child seven days old about the place of life, and he will live."

Why?

Because as limited as an infant is, it knows it exists and will do what it takes to cry to be taken care of.

Remember to question everything, what others have told you to believe, and what you have decided you want to believe.

Who told you that you may not read any of the hidden writings of ancient history, especially religious, political, and educational history?

Who is it who is limiting and pontificating what you may learn, read and know, including all knowledge all over the world?

Is anyone threatening your life or your Spirit, or your Soul?

I am not saying you need to think what I think, or what anyone else thinks.

It is vital that you allow yourself to think for yourself.

While you know this, how much of your Spirit do you allow others to get their hooks into, indoctrinating you so you believe what they tell you to believe, so you fit into their club or organization?

Notice if various forms of threats to you are the motivating force others use to get you to bend your will to their will. This may come in the form of threats to your immortal Spirit, Soul or being physically ostracized out of the group.

Censorship and hiding important information are the first tip offs that you might be in a cult. It's easier than you might first think. I know. I have been there.

Have mercy on the gurus who think it is their job to "save" you. Have empathy and compassion for them because they are not aware that even they are indoctrinated because indoctrinated people indoctrinated them. They are simply trying to follow "the rules" and "get it right."

Ask questions. Are you allowed to question your faith? Asking questions is a good place to start in any area of your life. Your heart is a safe place to reassess your goals, hopes, and dreams.

Being in the wrong place at the wrong time is like trying to walk with your shoes on the wrong feet. When something needs to change, it just feels wrong.

Keep a journal. It is a good way to track how you feel. Your feelings are the true barometer telling you that you are on the right track for your life, or not.

When you deny your feelings and do not ask yourself questions that need to be asked, you get sick. At least I did.

I faced my fears and found my voice and wrote MY RED BAG OF COURAGE, subtitled, SURVIVAL WISDOM⁷ to help others who might be indoctrinated without fully realizing what happened to them. It is time to reclaim your personal power, your

fame, which is your good reputation, and your own fortune, the keys to your cash.

I was married at 16 years old on purpose to get out of a house I was afraid to live in with my adopted father. I was also very Catholic and, for decades, divorce was not an option, according to the rules of my faith at that time.

I offered up my conflicts as a total oblation of who and what I was, a dedicated wife and mother of 5 growing children from the ages of 10 to 22 at that time, until my doctor prescribed Zoloft for my increasing panic attacks.

When I finally questioned myself, I had to be truthful. I decided to treat the root of the problem, not only the symptoms of my life which were making me ill. I made the unpopular decision to get a divorce. That is when my life began to heal, mentally, emotionally, physically, and spiritually.

Ask yourself this question, are you in the right place at this moment in your life?

Are you in the right job?

Are you in the right relationship with the person you are with?

Are you safe?

Are you happy?

There are positive solutions to all these questions. Seek out a holistic health counselor or mental health professional in your area if you need to. You, too, can heal.

It takes conviction to break out from under the heavy thumbs of indoctrination and

⁷ [Books – Universal Wisdom Enlightenment Mastery](#)

complacency. Listen to your inner voice when information goes against what you know to be true.

Have conviction.

There are opportunities for us to bring fairness into our professional work worlds, just like the US Women's Soccer Team did. They stayed with their conviction to fix an unjust work situation for six years. It worked.

Notice the undercurrent of male domination in the time it has taken for the US Women's Soccer Team in FIFA to stop being paid thirty-eight percent of men's pay while producing a markedly more successful product than the men's team.⁸

In February 2022, the US Women's National Soccer Team won their case after six years of federal complaints and three years of litigation after decades of domination of the women's circuit.

Why did they have to go to court to achieve what is only fair?

Next let's look at the Genographic Project, launched April 13, 2005.⁹ This was a joint venture between the National Geographic Society and IBM.

The goal was a genetic anthropological study, that aimed to map historical human migrations patterns by human beings all over the Earth by collecting and analyzing DNA samples.

The studies traced 300,000 genetic markers that followed humanity's travels all over the Earth for a stunning 150,000 years.

The Genographic Project came to an unceremonial end and the site was retired after 1,006,543 participants in more than 140 countries had joined the project.

Let's take a closer look to see why education about the migration of human history had to stop.

In May 2006, the Genographic Project came to the attention of the United Nations Permanent Forum on Indigenous Issues, which recommended that National Geographic and other sponsors suspend the project because the findings disagreed with their indoctrinations.¹⁰

Amy Harmon wrote an article entitled, "DNA Gatherers Hit Snag: Tribes Don't Trust Them", that appeared in THE NEW YORK TIMES on December 10, 2006.

The knowledge gleaned from the Genographic Project research caused concern that could clash with long-held beliefs of indigenous peoples and threaten their cultures.

Isn't this how all cults operate?

Education is key to understanding all of humanity.

How is it that all Genographic DNA Ancestry Project knowledge of tracing human beings all over the world had to stop because one

⁸ [USWNT formally signs equal pay agreement with U.S. Soccer \(msn.com\)](#)

⁹ Transitioning Into The Age of Aquarius, page 61

¹⁰ Harmon, Amy (10 December 2006). ["DNA Gatherers Hit Snag: Tribes Don't Trust Them". *The New York Times*](#)

group of human beings did not believe that way?

I mean no disrespect. But who is it that decided to hide the truth of traceable human history because one group of humanity disagreed?

I honor and respect the United Nations Permanent Forum on Indigenous Issues. I believe in their freedom to hold and practice their own beliefs.

I do not agree that I must only learn what agrees with their beliefs.

I ask, does all of humanity have to stop learning about the origin of human history because one group of humanity believes in something different?

This seems illogical to me.

So far, we have discussed you having courage; your right and duty to question your own beliefs; having your own conviction to live your life as you see fit; and now for the key, which is your quest to discover what has been hidden from you.

There are dear friends in our associations with our religious groups, our political affiliations, and even in our social settings.

Who wants to ruffle the feathers of our family, friends, co-workers, bosses, clients, and everyone else in our wider community of associations?

The question is, once you allow yourself to learn more than what you know now, do you stay with what is comfortable, or do you choose to continue growing as a person

mentally, emotionally, physically, and spiritually?

This quest is your thirst for more accurate knowledge. Reassessing what you believe spiritually may be a hot button for you personally. I will share with you one last thing I thought I would never say. And that is, the Father of Jesus may not be the father of humanity.

I grew up very Catholic. I loved my faith for 60 years and still follow the words of Jesus.

But now I read and study ALL the words of Jesus, not just his famous years from his ages 30 to 33, for a total of 3 years.

How would you like to only be known for your first 12 years of life, and then only consider some of what you said between your ages 30 to 33?

I attended morning Mass every morning as a child with my mother. When I was 13, the priest asked me to teach CCD to the students in grades 1-3, so I did.

As I grew older, I was looking for more opportunities within the Catholic Church to be more involved. I got my Master Catechist training through the Worcester Diocese in Massachusetts.

I went on a Cursillo Weekend.¹¹ Cursillo is a Catholic retreat started in part by then Bishop Juan Hervas from Spain along with layman Eduardo Bonnin and Father Sebastian Gaya. I joined the Cursillo Leader's School and gave the Study talk on future Women's Cursillo Retreats.

¹¹ [Cursillo - Wikipedia](#)

I attended a Life In the Spirit Seminar.¹² I could not get enough of God and attended the following meetings they had.

Still, I felt something was missing.

I joined Opus Dei,¹³ and became a Supernumerary. It is interesting to note that the founder of Opus Dei, then known as Father Josemaria Escriva, is now a Saint in the Catholic Church.

He was also friends in Spain with Bishop Juan Hervás,¹⁴ both of whom desired to light a spiritual fire under the sleeping congregations of pastoral sheep of the world.

It was suffocation. I had to leave. I had never seen so much censorship in all my life. I asked my female spiritual director why I had to offer up so much sacrifice. “To make up for what is lacking in the sufferings of Jesus Christ,” came the immediate answer.

As I said in my book IN THEIR IMAGE AND LIKENESS, if being crucified on the cross was not enough sacrifice, which left vast chasms with not enough suffering to make up for the sins of humanity, then my washing a floor on my knees or skipping a meal could not possibly make up for what was supposedly missing in the crucifixion of Jesus Christ, nor aide the starving children in the world.

That’s when I truly began my quest and allowed myself to read and study what else Jesus had to say.

Who is it really who would not want you to know what Jesus said?

I am truly a Christian, but now I read, study, and follow all the words that Jesus said, not only some of them.

In your quest I advise you to drop fear, obligation, and guilt, known as fog, and begin to recognize the manipulation of others. These are forms of emotional blackmail.

Be honest with yourself and notice when fog rolls in over your emotional Self, especially with this next important missing piece of information.

It is the very reason the Cathars were exterminated. History was being manipulated, as if by hiding information, belief systems could be altered for unholy purposes of usurping the personal power, fame, and fortune of the people.

Jesus said, “I tell you, listen and understand. For many when they hear, will be fainthearted, but you, understand in the way I can tell you. You father is not my Father, but my Father has become a father to you.”¹⁵

This comes from The Second Revelation of James under the heading, James Tells What Jesus Said Regarding Two Fathers.

The scripture refers to His Father with a capital “F” and humanity’s father with a lower case “f.” This is what having and using your conscience is all about.

¹² [What to Expect — Life in the Spirit Seminar](#)

¹³ [Opus Dei - Wikipedia](#)

¹⁴ [\(PDF\) Vol. 4/2010 - La relación personal entre san Josemaría Escrivá de Balaguer y mons. Juan Hervás a través de sus cartas / The friendship](#)

[between St. Josemaría Escrivá and Msgr. Juan Hervás as seen through their correspondence](#)

¹⁵ The Nag Hammadi Scriptures, edited by Marvin Meyer, The Second revelation of James (51, 14-54, 15), page 336

The Father of Jesus is also known as Eternal Universal Life Force Energy. Your Spirit and Soul are a Spark of this same Energy.

However, you are more than just your Spirit and Soul. Your physical biology comes from the lower case 'f' father which Jesus taught to James.

This would be easy to discount if it weren't for the same thing accounted for in the gospel of John 8:37-38 in today's bibles where it says,

"I know you are Abraham's descendants, but you are trying to kill Me because My word has no place within you. I speak of what I have seen in the presence of the Father, and you do what you have heard from your father." John 8:37-38

Since censorship hid these words, how would you ever know what was hidden from you under threats of excommunication if you did not research this for yourself?

These are some of the missing words of Jesus that were buried, because they disagreed with the religious teachings of His time.

Revelation of other hidden knowledge reveals that just like many other crucified people in his day, Jesus survived the crucifixion. The proof is documented in several books.

If you do not allow yourself to know this, you stay indoctrinated. Some people do not even allow themselves to hear or consider this information.

At the very least, you have a right to know and make up your own mind. You decide what you believe. You have the right to investigate this in books such as THE CHRIST OF INDIA, THE STORY OF ORIGINAL CHRISTIANITY by Abbot George Burke, and in another book entitled, JESUS IN INDIA by Hazrat Mirza Ghulam Ahmad of Qadian.¹⁶

Light of knowledge illuminates these words.

Knowledge is power.

By hiding the powerful words of Jesus, the spiritual shepherds since that time could usurp the personal power of their flocks, assume the individual fame and reputation of their congregations, and definitely obtain their fortunes, the keys to their cash.

You all have your personal faith journey. Again, I stress for you to listen to your own conscience. Your heart knows if something is missing.

It was amazing to me when I began to pay closer attention to who wanted me to abdicate my personal power, and wanted me to give up my fame, my reputation, and my fortune, the keys to my cash.

All indoctrinators of any kind want your personal power for themselves and will insist you bow down to their way of thinking, and definitely want your monthly financial contributions, the keys to your cash.

A fair amount of emotional blackmail goes along with these indoctrinations.

¹⁶ Jesus In India, by Hazrat Mirza Ghulam Ahmad of Qadian, International Publications Limited

All cults use fear, obligation, guilt, and manipulation, as emotional blackmail to be in their “club.”

In my opinion, the good news is truly what Jesus tried so hard to teach humanity and is the reason he was crucified.

It is so powerful that the powers in his day wanted to put an end to his teaching because it was so empowering to the people of his day. Today is a new day.

He said, in Luke 17:20-21, when the Pharisees asked when the Kingdom of God would come, Jesus said the Kingdom of God would not come with observation, but this Kingdom, which is the Limitless Living Light of the human Spirit/Soul, is WITHIN you and me.

You are a Spark of Eternal Universal Life Force Energy animating you.

All bibles today are going back to these words, because earlier they changed the words to say that the Kingdom of God is AMONG you. However, the footnote following that word AMONG, sends the reader to the bottom of the page which has the original word WITHIN written there.

This is what I teach. Learning this powerful lesson is life changing. You are more powerful than realize.

The truth is not in some cult, or other numerous trains of thought, but within yourself, if you have the courage to question your convictions and set out on a quest to find your truth.

These are the words of Linda Hourihan, HHCP which are delivered to you by AI created for you today by Book Publisher USA.com. Thank you for your time.

Biography:

Linda Hourihan, HHCP is an international holistic health counselor/practitioner and former owner of The Massage Clinic with four offices in Connecticut with over 8,000 appointments helping humanity transform what no longer serves their highest good into healthier versions of themselves. Linda is an international interfaith minister since 2004 and has earned her Master's in Chaplaincy, and Doctorate in Spiritual Awareness and Universal Order. She is a former feature writer for The Milford Daily News, founding feature-writer for the Laconia Daily Sun, and contributing author of More Weddings, Funerals, and Rites of Passage. Linda is the winner of the 2024 International Impact Book Awards for her trilogy IN THEIR IMAGE AND LIKENESS, subtitled UNIVERSAL WISDOM; MY RED BAG OF COURAGE, subtitled SURVIVAL WISDOM; and NATURE SPIRIT WISDOM, subtitled LIGHT WITHIN THE ANGEL, MINERAL, PLANT, AND ANIMAL KINGDOMS.¹⁷ She is a finalist in the 2025 International Impact Author of the Year competition for her book, TRANSITIONING INTO THE AGE OF AQUARIUS, subtitled AN ENLIGHTENING JOURNEY. Instead of choosing to walk across the red carpet in Hollywood, Linda instead is choosing to celebrate her hard work in the neighborhood

¹⁷ <https://lindahourihanhhcp.com>

restaurant on Lake Nipmuc, across the street from her childhood home, with her friends and family, all of which bring life to MY RED BAG OF COURAGE on the same day and time of the award ceremony on October 4, 2025 in California. Her last four books mentioned above address how to get out of political, religious, and social cults, all of which often attempt to use various forces to restrict or prohibit the advancement of women in their paradigms. She has also been published in: The Connecticut Post, The Door Opener Magazine, Wisdom Magazine, and Spirit of Change Magazine. Linda continues her life's mission through her books, her website: <https://lindahourihanhhcp.com>, and her blog, www.lindahourihan.wordpress.com in her worldwide outreach to make the world a better place to live for every person in it regardless of political, religious and/or social affiliation.