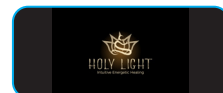




WEL AMERICA 2024

3rd MILLENNIUM WOMEN'S ENTREPRENEURSHIP, LEADERSHIP, MANAGEMENT POSITIVE PSYCHOLOGY, MENTAL HEALTH CONFERENCE (EDITION 4)

MAY 03-04, 2024 | Holiday Inn Mississauga Toronto West,
Mississauga, ON, Canada



Step into a life of alignment and live your best life! How many times have we allowed our triggered emotions get the best of us? How many times have our emotions affected not only our personal lives but our professional lives as well? What if it didn't have to be this way and you could heal the deep wounds and trauma that is attached to your triggered emotions without you having to relive the experiences that caused these emotions to begin with.

As spirit in human form, we came to this earth to have the human experience, to learn soul lessons, feel emotions and how the different emotions affect our energetic vibrations. We came here to have the full experience of either living our best life in alignment with our soul blueprint or struggling through the detours of this map. We have free will, we have the power to make the choices in everything we do and experience. You can make the choice to hold onto the triggers and negativity holding you back from moving forward or to release and let go raising your energetic vibrations and become more in alignment to live your best life.

By healing and breaking the strongholds of the traumas that are causing triggered emotions, you will feel happiness, more joy, contentment, less stress and anxiety in both your personal and in business. Making connections with others, especially loved ones will come with ease. You will begin to find your voice and set healthy boundaries for yourself without overthinking about how they will be perceived, your manifestations will come with ease because you have changed the vibrations around you and through you. The most profound gift you can give yourself is the gift of healing; allowing yourself the freedom to live your best life.

Biography

Sarrah Smith is the founder of the Holy Light Intuitive Healing Modality, a divine channel, channeling the Collective Ezekiel, a Reiki Master, intuitive healer, author and speaker. In 2019 Sarrah began to connect the Collective Ezekiel. Through Ezekiel's wisdom and guidance Holy Light, an ancient energy healing modality

TRIGGERS TO TRANSFORMATION: ALIGNING TO YOUR BEST LIFE

Sarrah Smith

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Speaker, Canada

is being brought back to modern day society. Holy Light Intuitive Energetic Healing helps women and men heal deep rooted wounds, and traumas from their ancestors, past lives, and from this lifetime that is holding them back. Allowing them the freedom to live their best life in alignment with their soul journey.