



21st CENTURY WOMEN'S ENTREPRENEURSHIP & LEADERSHIP

ANNUAL CONFERENCE

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Introductions & Background: The World needs heart-led, embodied, radically compassionate leaders who can embrace the spirit of collaboration and share power more equitably. This is the call to WAKE UP & transform from the inside out! It is not enough to create psychological safety from the terrain of the mind which is conditioned from a place of fear, lack and scarcity. We must go deeper within ourselves, to excavate the shackles of oppression and release an embodied liberation consciousness that supports freedom, choice, authenticity and self-leadership for the greater good of ALL.

People in positions of healing/helping and leading—are being invited into a new path...A path that begins with a commitment to our own healing, growth, evolution and embodiment. I have experienced the ripples of what is possible when we listen from a deeply attuned, compassionate place of resonance. Where the process of relating is prioritized and we heal and co-lead together. I have been gifted with opportunities to work with other healers and leaders to help shift and transform their own nervous system. In doing so, I have noticed the emergence of structures/systems and approaches that are softening and policies/practices evolving to be more flexibly attuned, creative, inclusive, trauma-responsive, intersectional, visionary and heart-led.

Aim/Objective: To invite people into a path not yet noticed. A path where we recognize how our own healing and commitment to well-being is our currency & supports the co-creation of a just, kinder and more liberating world.

Materials & Methods/Approach: This presentation will use various slides as guides. Various experiential and somatic approaches will be shared to deepen awareness and self-reflection.

Results/Discussion: Participants are supported to reflect on their own healing journey and deepen self-inquiry. Somatic heartfelt contemplations will be used to expand and

TRANSFORMATIONAL LEADING & EMBODIED RADICAL COMPASSION

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deepen conscious compassionate awareness.

Biography

Ann Bayly-Bruneel is a Registered Psychotherapist who has passionately worked in the area of mental health, trauma and addictions. Ann has worked in various hospital, community and private practice settings and offers mentorship to her peers. Ann practices within a framework that is anti-oppressive, anti-racist, trauma-responsive, attachment oriented and somatically informed. Ann recognizes embodied radical self-compassion, self-leadership and trauma healing as revolutionary forces that enhance our personal and collective capacity and resilience. As a transformational leader, writer and activist, Ann is actively committed to her own growth and healing and sees this as integral to providing integrative, generative and compassionate care. She works alongside other transformational leaders and artists who lead with love to usher in a braver, bolder and kinder world that uplifts our humanity & celebrates our deepest sublime nature.