



WEL AMERICA 2024

3rd MILLENNIUM WOMEN'S ENTREPRENEURSHIP, LEADERSHIP, MANAGEMENT POSITIVE PSYCHOLOGY, MENTAL HEALTH CONFERENCE (EDITION 4)

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In the pursuit of personal and professional fulfillment, individuals often encounter invisible barriers that seem to limit their potential. Central to overcoming these obstacles is the B.A.G. framework—Break Boundaries, Aspire Authentically, and Grow Graciously. This approach encourages individuals to embark on a journey of self-discovery, identifying and dismantling the mental and emotional blocks that hinder progress. It equips them with practical tools and strategies to foster a mindset shift towards expansiveness and possibility.

The essence of living a limitless life lies in aligning one's actions with true values and passions, advocating for authenticity over comparison or societal expectations. It's about recognizing the importance of embracing failures as stepping stones to success and cultivating gratitude as a cornerstone of personal development. Moreover, the concept emphasizes the power of collaborative growth, highlighting the value of mentorship, community, and shared wisdom in the journey towards personal fulfillment.

This philosophy is not merely about achieving personal milestones; it's a broader call to action for redefining what's possible. It challenges individuals to break free from the confines of their current realities and step into a life characterized by boundless growth, authentic aspirations, and a deep-seated belief in their limitless capabilities. It's an invitation to anyone looking to unlock their full potential and embrace a life marked by infinite possibilities.

Biography

Simonetta Roma, an accomplished leadership coach, Dr. Rasheda Jackson, COO and co-founder of Be Free University, is an embodiment of leadership and inspiration. With over 25 years in the corporate industry, including a pivotal role as VP of Operations, she stands among the elite as an African American female executive. Dr. Jackson's literary contributions, including titles like 'Empowered by his Purpose' and 'What to do While you Wait', parallel her success as an author, with her dynamic presence extending to motivational

LIVE LIMITLESS- GET THE B.A.G

Dr. Rasheda Jackson

Dr. Rasheda Enterprises, LLC, USA

speaking and entrepreneurship. Her leadership roles in RC Blakes Ministries and her appearances in media outlets like Voyage Miami highlight her influence. Awarded a Doctorate in Divinity in 2020, she integrates her vast experience with spiritual study, promoting health and wellness. A devoted family woman, Dr. Jackson dedicates her life to empowering others, aiming to leave a lasting legacy.