



21st CENTURY WOMEN'S ENTREPRENEURSHIP & LEADERSHIP

ANNUAL CONFERENCE

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Introduction: When I was a little girl, I was exposed to working women that also had wonderful family lives, and I thought, how hard can it be?? Turns out having a great career and a great relationship isn't as easy as all that, and as someone who has done the 'hard yards', I am here to give you all the skills and advice that has seen me have it all! No doubt you are aware that a happy life is made up of various elements. In fact, a happy life is built one day at a time. For instance, we need to feel protected, we need to feel appreciated, and we need to feel loved. As an entrepreneur myself, I understand the challenges of juggling a relationship, let alone kids and a great career. In my coaching and mentoring business, I have met hundreds of people, and the life balance they have achieved is what I will be sharing with you. Regardless of what has happened to you in the past, irrespective of your upbringing, notwithstanding any dysfunctional relationships that you have had, you can turn things around for yourself. Putting into practice the guidance I'll be giving you today, will open your mind to how you can CHOOSE happiness, how you can develop amazing friendships, and how to live a balanced and fulfilled life. After all, the best project you can work on is yourself.

Aim:

- The participants will discover the correlation between life balance and happiness.
- The participants will understand how their personal relationships in conjunction with their current circumstances affect their happiness.
- The participants will be able to identify the power of mental attitude in relation to their successful outcomes.

Materials and methods: I will be giving you the tools you need to acquire the happy life that you desire. With practical guidance and activities, I will demonstrate that, you can be so much more than you ever dreamt of. You can have so much

HOW TO HAVE IT ALL AS A WOMAN ENTREPRENEUR

Demi Paterson

Confident, Happy Women, Australia

more happiness than you thought was possible. It starts with your mindset. I am here to listen guide and empower you with realistic steps to a life balance approach..

Biography

Hi! I'm Demi, and I believe in championing Women. Confident Happy Women is for people that want to be happier, more positive and have better relationships. I have taught people (mostly women) for many years. I hear their struggles, mostly in their relationships (or lack thereof) and it saddens me to see these beautiful women not realize their value. My life's work has been showing people that they can achieve anything, be anything and have everything. There is nothing more powerful than desire and I teach you how to tap in to that desire to create the life you want.

You can be so much more than you ever dreamed of. You can have so much more happiness than you thought was possible. It starts with you and your mindset. I am here to listen and to empower you.